



International Cultural Psychiatry Conference

Theme: THE MORAL CASE FOR INTERNATIONAL MENTAL HEALTH

Organised by the Indo-Australasian Psychiatry Association/Australasian South Asian Psychiatry Forum

Co Sponsored by World Psychiatric Association

*In collaboration with: Indo-American Psychiatric Association, USA
South Asian Chapter on Mental Health & Psychiatry – UK chapter;*

**SOFITEL Hotel, 25 Collins Street, Melbourne –
Friday 26th November, Saturday 27th & Sunday 28th November 2004**

Thursday 25th 6pm President's Civic reception for International Dignitaries

FRIDAY, 26th November 2004

2 pm **Opening Terrace Sofitel Melbourne**

2.30 pm **Prof Bruce Singh, Dr. Russell D'Souza, Prof Jayashri Kulkarani
Prof Perminder Sachdev, Dr Nitin Dharwadkar, Dr Sathya Rao
Acknowledging the Traditional People of the Land**

Acknowledging the Representatives of India and Srilanka
**Council M Joshi / Mr Shukla Indian High Commissioner
Mr Janaka Perera Srilankan High Commissioner
Mr Shabir Wahib President
Federation of Indian Associations of Victoria**

Acknowledging the International Collaborators

Professor Dilip V Jeste-

IAPA USA Representative

Professor Jagannathan Srinivasaraghavan

Ex President IAPA USA

Professor Parameshvara Deva

World Psychiatric Association Zonal Representative

Professor Trivedi

President, Indian Psychiatric Society

Professor. Roy Abraham Kallivayalil

General Secretary Indian Psychiatric Society

Dr. Mohandas

Indian Psychiatric Society, India

Dr. Aruna Thakur

President, Canadian Psychiatric Association

Professor Dinesh Bhugra

Dean Royal College of Psychiatrists UK

Dr. Afzal Javed

Deputy Registrar Royal College of Psychiatrists, UK
Deputy Secretary General World Association for Psychosocial Rehabilitation

Dr. Harish Gadhvi

British Indian Psychiatrist Association, UK

Dr. Vikram Patil

London School of Hygiene and Tropical Medicine UK

Dr. Arshad Mahmood

South Asian Forum on Mental Health & Psychiatry, UK

Professor Mohan Issac

National Institute of Mental Health and Neurosciences, India

Professor Mohan Agashe

Maharashtra Institute of Mental Health, Pune

Film Institute of India

Professor M. Nair

President South African Psychiatric Association

3.30 pm

Afternoon Tea Exhibition
Carillon Room Sofitel Melbourne

4.00 – 5.00pm

IAPA National Council Meeting Atrium Sofitel

5 pm

Posters to be displayed in the Foyer of
Arthur Streeton Auditorium

Arthur Streeton Auditorium – Sofitel Melbourne

5.00 – 5.40pm

Opening Ceremony Honourable Bronwyn Pike
Minister for Health, Govt of Victoria
Honourable Daniel Andrews MP
Parliamentary Secretary for Health, Victoria
Professor Bruce Singh, President IAPA (Australia)
Prof Jayashri Kulkarni – Chair National Scientific Committee (IAPA) Aus
Dr. Russell D’Souza- Secretary General IAPA (Australia)

Session 1**Pratham (Initial session)**

Arthur Streeton Auditorium – Sofitel Melbourne

6.00 – 6.30pm

“Cultural Competence & Safety in training Psychiatrists”

Professor Dinesh Bhugra

Professor of Cultural Awareness, UK

Dean Royal College of Psychiatrists UK

Chair – Dr. Russell D’Souza

Director of Clinical Trials & Research,
Northern Psychiatry Research Centre, Melbourne

6.30 – 7.15pm **MAKING MENTAL HEALTH RELEVANT IN POOR COUNTRIES: *THE CASE OF MATERNAL DEPRESSION AND INFANT HEALTH IN SOUTH ASIA***

Dr. Vikram Patel

London School of Hygiene & Tropical Medicine, UK

Chair Professor Bruce Singh

Cato Professor of Psychiatry & Chairman

Associate Dean (International), Melbourne University

Swagatam (Welcome Session)

7.15pm to **Welcome Drinks- Carillon Room Sofitel Melbourne**
7.55 pm **Exhibition continues**

8 pm **Welcome Dinner GRAND BALLROOM Sofitel Melbourne**
3 courses Indian Dinner Specially prepared by Sofitel
Melbourne's Executive Chef will be served

Master of Ceremonies: Dr Carlyle Perera

Inaugural Chief Psychiatrist of Victoria

Welcome:

Senator Peter McGauran

Honourable Federal Minister for Multiculturalism & Citizenship

Special Guests:

Mr. Daniel Andrews MP

Parliamentary Secretary of Health

8.20 pm **Dinner Speaker – Prof Mohan Agashe**
Director of Psychiatry Pune, India
Film Actor
Ex Director Film Institute of India Pune
“Acting and Psychiatry”

Introduction: Dr. Nitin Dhardwakar

Chairman MAC & Director of Research-

Pine Lodge Clinic, Melbourne

9 PM Entertainment Live Band & Opera Singer
Dance to
To Jazz & Hindustani Music of
11.30 pm Dudley, Sudha & Varun – of
Sheraton Mayura, Delhi

SATURDAY, 27th November 2004

7.00am - 8.30am Yoga & Meditation Session
West Wing Towers Sofitel Melbourne
Breakfast Towers Foyer

8.00 – 8.45 am Registration & Arrival Coffee / Tea Carillon Room

Arthur Streeton Auditorium – Sofitel Melbourne

9.00 – 9.15 am Welcome Prof Bruce Singh,
The Honourable Abbott
Federal Health Minister
Opening Message Mr. Tim Costello
World Vision Australia
Mr P. Shukla
Indian Council General

Arthur Streeton Auditorium Sofitel Melbourne

Session 2 **SABHA- Plenary Session**
9.15 – 10.00am *“Beyond Evidence – The Moral Case for International Mental Health.”*
Speaker: Dr. Vikram Patel-
London School of Hygiene & Tropical Medicine

Chair: Professor Harry Minas
Professor of Transcultural Psychiatry
Centre for International Mental Health
Melbourne University

10.00 to 10.30am Morning Tea & Exhibition
Carillon Room Sofitel Melbourne

Arthur Streeton Auditorium Sofitel Melbourne

Session 3: MANO – The Mind

- 10.30 – 11.00 **“Mental Health for a Billion – Challenges & Solutions”**
Professor Mohan Isaac
 Professor of Psychiatry, NIMHANS, India
- Chair – A/ Professor Saji Damadoran,**
 Director Mental Health Southern Health,
 Melbourne Australia
- 11.00 - 11.30am **Family and chronic mentally ill patients: The benefits & Challenges – *An Indian Experience***
Speaker: Professor J.K. Trivedi
President, Indian Psychiatric Society
 King George's Medical University, Lucknow. India
- Chair – Dr Mohan Gilhotra**
 Director, Clinical Operations
 Western Sydney Area Health Service
- 11.30 – 12.00pm **Mental Health & Psychiatric Services in the Pacific Islands: *Opportunities for Collaboration***
Professor Parameshvara Deva
 Head of Department of Psychiatry, SSB Hospital, BRUNEI
 Hon Professor of Psychiatry, University of Papua New Guinea
World Psychiatric Association Zonal Representative
- Chair: Professor Kuruvilla George**
 Director Aged Services, Eastern Health, Melbourne &
 Deputy Chief Psychiatrist of Victoria
- 12.00 - 12.30pm **Evolution of Informed Consent and its application in different cultures**
Professor Jagannathan Srinivasaraghavan
 Professor and Chair of the Division of Community and Public Psychiatry at Southern Illinois University School of Medicine, USA
Past President IAPA USA
- Chair –Dr Suresh Sundram-**
 Director of Clinical Services
 Northern Area Mental Health,
 Melbourne, Australia

12.30 to 1.00pm **Successful Aging: A Psychobiosocial Perspective**
Professor Dilip V Jeste-
Professor of Neurosciences,
University of California San Diego
IAPA USA Representative

Chair – Professor Frank Varghese,
A/Professor of Psychiatry
Princess Alexandra Hospital
Brisbane, Queensland

1pm – 2 pm **LUNCH Carillon Room Sofitel Melbourne**

Poster Presentation Arthur Streeon Auditorium Foyer

2 pm to 2.30 pm ***Motherhood and Culture?***
Speaker: Prof. R. Gyaneshwar
Consultant obstetrician
New South Wales University, Sydney

Chair – Dr.Dinesh Arya
Deputy Director of Mental Health-
Western Australia

Session 4: PANDIT – (The Expert)

2.30 – 3.30pm **Migrant Psychiatrists The Experiences of Psychiatrists**
Chair: Professor Perminder Sachdev
Professor of Neuro Psychiatry, University of New South Wales
Panel;
Professor Raj Kumar,
Professor of Rural Mental Health New Castle University
Dr. Gin Mahli
Mood Disorder Unit & University of New South Wales, Sydney

3.30 – 4.00pm Afternoon Tea & Exhibition Carillon Room Sofitel Melbourne

Session 5

4.00 – 5.00pm **MANDALI (The People) -**

The consumer, carer and clinician perspectives about Psychiatry as practised and experienced by people from Indian and Southern Asian backgrounds.

Chair: Professor Jayashri Kulkarni, Professor of Psychiatry, The Alfred and Monash University. Vic Australia

Panel: Professor Gordon Johnson

Mood Disorders Unit,
North Side Hospital, Sydney

Professor Ian Hickie
St George Hospital, Sydney

Dr Nitin Dhardwakar
Pine Lodge Clinic, Melbourne

Session 6

5.00 – 5.45pm

AIKYATA (Unity) – A representative from each Australian State will present a brief summary of the work done by IAPA

Chair Prof Bruce Singh

President IAPA (Aus)

Sydney: **Dr Shalajja Chetavedie**

Hunter Valley: **Prof T. Sreenivasan**

Victoria: **Dr. Nitin Dharwadkar Dr. Sashi Varma**

Queensland: **Dr. John Varghese**

Western Australia: **Dr Dinesh Arya**

ACT: **Dr Rajeev Kumar**

South Australia: **Dr Motamari & Dr Chaudry**

Northern Territory: **Dr Ashok Abiyankar**

Tasmania : **Dr. Chopra & Dr. Velayadun**

5.45 – 6.00pm

Close Professor Jayashri Kulkarni

6.00 – 7.00pm

AGM – Drinks and Savouries Foyer
Auditorium Sofitel Melbourne

7.30pm

Gala Dinner Dance & Cultural Evening

To 11.30 pm

Terrace Soffietal Melbourne

An Indian Buffet Dinner prepared specially by the Executive Chef for the IAPA (Australia) Congress Delegates

MC for the Evening: Prof Jayashri Kulkarni

Senator Vanstone

Honourable Federal Minister for Immigration and Multicultural Affairs
Opening of the Cultural Night

Special Guests:

Mr. Shukla

Indian High Commissioner, Canberra

Mr. Janaka Perera

Srilankan High Commissioner, Canberra

Honourable Joan Miller

Parliamentary Secretary for Health Queensland

Performances

Dance recital by Tara Rajkumer's performers 45 minute

Bhangra Dance Preeti 's Bhangra Dance Group

Acknowledgments / Citation Ceremony

Chair Dr. Russell D'Souza:

Honourable Premier of Victoria

Presenters of the Citations

Dr. Sundram Melbourne, Dr Dharwadkar Melbourne, Dr. Mahli Sydney, Dr. Bhandari Sydney, Dr. John Varghese Brisbane, Dr. Mazumdar Brisbane

Dancing to the Music of Australia's Leading Bhangra

D J Rishi Madan

Sunday 28th November 04

Arthur Streeton Auditorium Soffietal Melbourne

Session 7 Bhashan (Lecture)

8.45 a.m Opening Prof Perminder Sachdev Vice President IAPA (Australia)

9 am to 9.30 am **Culture & Mental Health: Not a Minor Matter**
Speaker: Dr. Aruna Thakur
President
Canadian Psychiatric Association

Chair: Professor Ruth Vine
Director of Mental Health
Department of Human Services, Victoria

9.30 am to **"Mental Health Delivery in South Asia- *the*
*Current Scenario and the Challenges ahead***
Speaker: Professor. Roy Abraham Kallivayalil
General Secretary
Indian Psychiatry Society

10 a.m. **Chair: Professor Krishna Vaddadi**
Monash Medical Centre, Melbourne

10.00 am
to **Morning Tea Sofitel Melbourne Auditorium Foyer**
10.30 am

Session 8 Adhiveshan

10.30 am
to **Symposium on Organisational Mental Health & Well Being**
Leadership, Management & Spirituality in
1.00 pm *Preventing demoralisation, enhancing mental health and work place outcomes*

Opening of Symposium by **Honourable Peter Costello** (*To be confirmed*)

Chair: Rajani Singh, Melbourne
Beverly Raphael Sydney

Organisational Mental Health & Well being- *Has it a place?*
Prof Beverly Raphael

Director Centre for Mental Health NSW

Leadership, Management & Spirituality – *Preventing demoralisation, building resilience enhancing mental health and work place outcomes*

Dr Russell D'Souza

Director of Clinical Trials & Research

Northern Psychiatry Research Centre, Melbourne

The impact of Leadership culture on Organisational Mental Health

Umit Agis

Eastern Health, Melbourne

What do you do all day, Doctor!' - How do psychiatrists with management responsibilities spend time?

Dr Dinesh Arya,

Deputy Director of Mental Health,

Western Australia

Panel Discussants:

Rajani Singh

Prof Beverly Raphael

Dr. Russell D'Souza

Dr. Dinesh Arya

Dr. Mohan Gilhotra

Mr. Umit Agis

1.pm

Lunch

Auditorium Foyer Sofietal Melbourne

Session 9 Vidya

28th Sunday 2004

Fellowship Examination Work shop

Victoria Room

Sponsored by AstraZeneca

9 am to 1pm

IAPA (Australia) Education & Training Sub Committee

Dr Sathya Rao (Chair)

Dr. Umesh Babu

Prof Krishna Vaddadi

Expert Examiners
Professor Bruce Singh-
Professor Jayshri Kulkarani

PROGRAM

0900 AM TO 0930 AM	REGISTRATION
0930 AM TO 0940 AM	WELCOME AND INTRODUCTION BY DR. S. RAO
0940 AM TO 1030 AM	PATIENT INTERVIEW BY EXAMINEE
1030 AM TO 1050 AM	DATA SYNTHESIS BY EXAMINEE AND THE GROUP
1050 AM TO 1120 AM	EXAMINERS TIME WITH CANDIDATE Seven minutes case presentation by examinee First Examiner – Prof. B. Singh Second Examiner- Prof. J. Kulkarni
1120 AM TO 1135 AM	COFFEE BREAK
1135 AM TO 1205 PM	PROF. J. KULKARNI
1205 PM TO 1235 PM	PROF. B. SINGH
1235 PM TO 1240 PM	CONCLUSION BY DR. U.BABU
1240 PM TO 1310 PM	LUNCH

1 pm Lunch Victoria Room Sofietal Melbourne

